


Influenza – it's real and it's here
The realities not the myths
By Beth Kimber & Chris Street



Looking after you locally

Getting to know flu vaccines –
with a little help from our

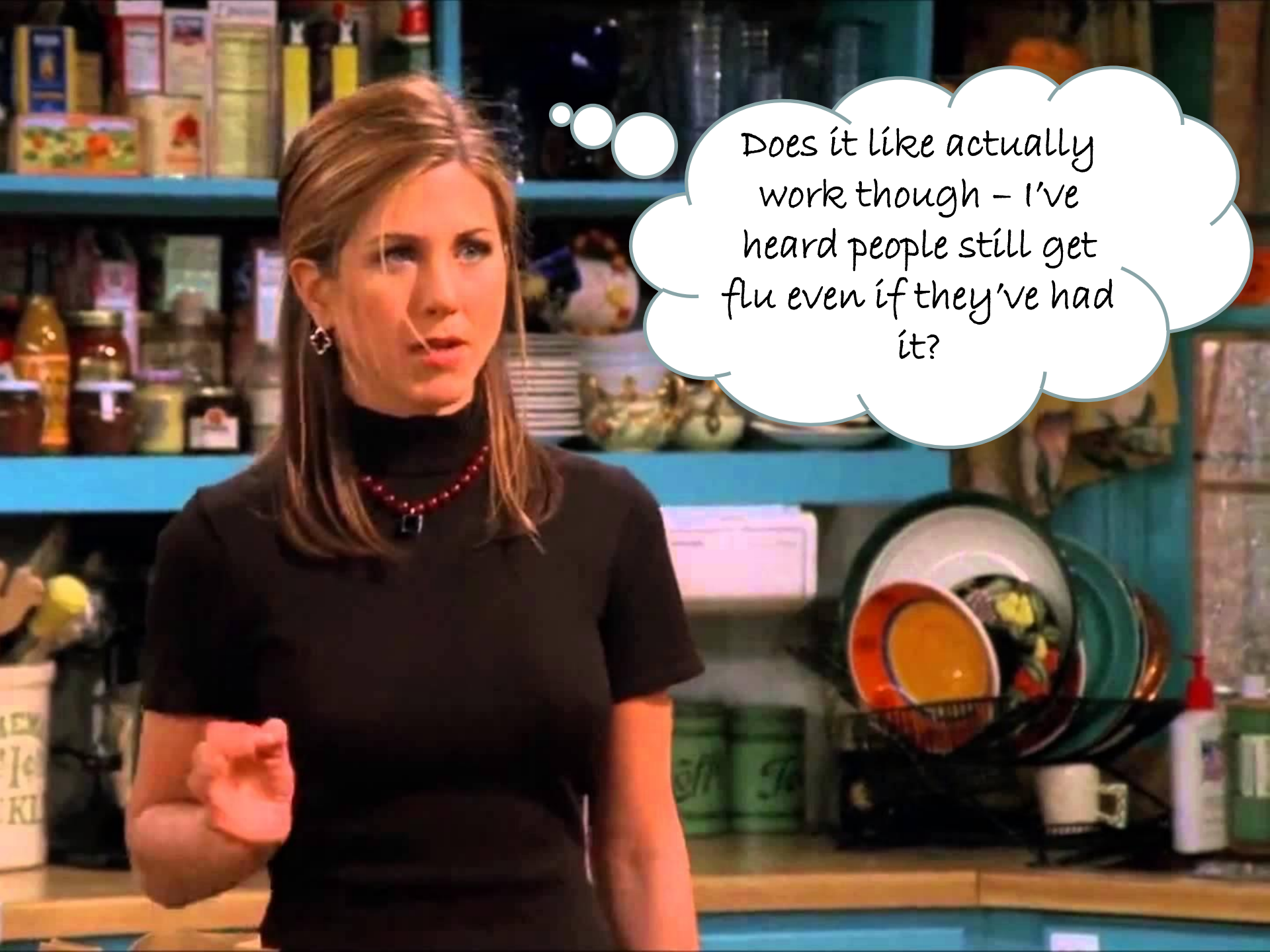
 F•R•I•E•N•D•S

A still from the TV show Friends featuring David Greenhouse. He is wearing a tan suit, a light blue shirt, and a patterned tie. He has a surprised or thoughtful expression on his face. A white thought bubble with a blue outline is positioned to his right, containing handwritten text. The background is slightly blurred, showing what appears to be a living room setting with a red and white patterned rug and a green and white patterned chair.


I've never had flu
before - so its not
very likely I need
it...



I'm fit and healthy -
I'll just get over the
flu if I get it...



Does it like actually work though - I've heard people still get flu even if they've had it?




um, vaccines
contain lots of
harmful chemicals
and preservatives
though, don't they?


Here comes the science bit...

The average flu vaccine contains

- Inactivated flu virus (grown in eggs)
- Sodium chloride, potassium chloride, potassium dihydrogen phosphate, disodium phosphate dihydrate,
- water for injections



But the flu vaccine
gives you flu
symptoms ...



But I might be pregnant - so I can't have the vaccine!

So...why have the flu vaccine?



Influenza vaccination.

Because you're worth it

**Because we and our community are
all worth it....**

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Leicester Royal Infirmary closes wards over swine flu

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Three wards at Leicester's Royal Infirmary closed after an outbreak of swine flu

Three wards at Leicester's Royal Infirmary have closed after 14 cancer patients were diagnosed with swine flu.

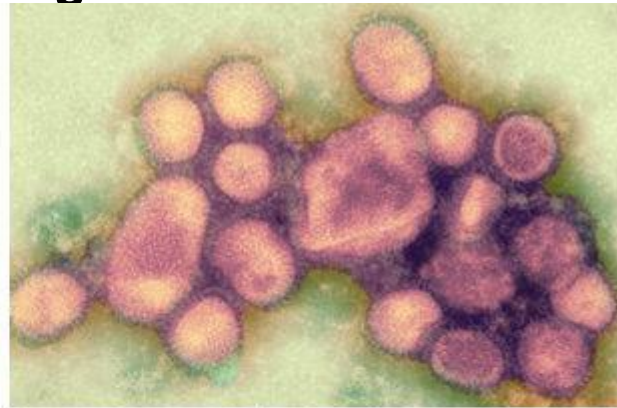
The patients, who are suffering with the H1N1 strain of influenza, have been isolated to avoid an outbreak, the hospital said.

FLU



February 2016

Swine flu outbreak: Shock warning of killer infection in UK schools



Flu

The Independent:

Britain hit by worst spring flu outbreak in five years

In the last two weeks, reports of flu have been four times the normal figure



Flu

The Independent

The data says the under-45s are most at risk, with children, pregnant women and adults with long-term conditions such as chronic heart disease particularly susceptible. Rates are highest in the 15 to 44 age group, followed by children aged five to 14



Flu

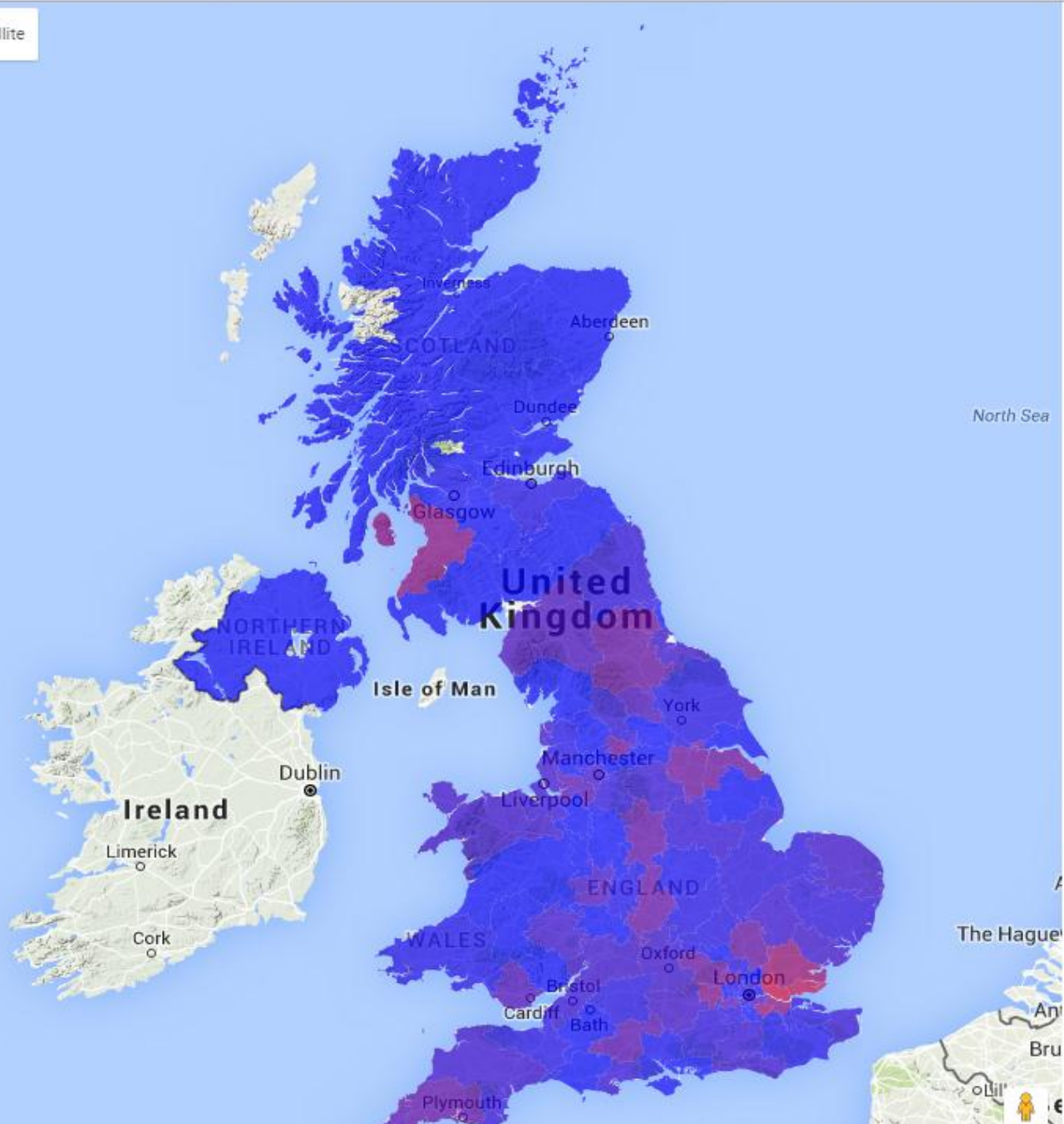
The Telegraph

It takes from February through to September to produce sufficient quantities of the flu vaccine. And if a change in the virus is detected once production has started it is not possible to change it.

However Public Health England said this year's vaccine looked like it would match the most dominant strain.



Map Satellite



Flu

Three-quarters of people with flu have no symptoms

Flu Watch Group UCL

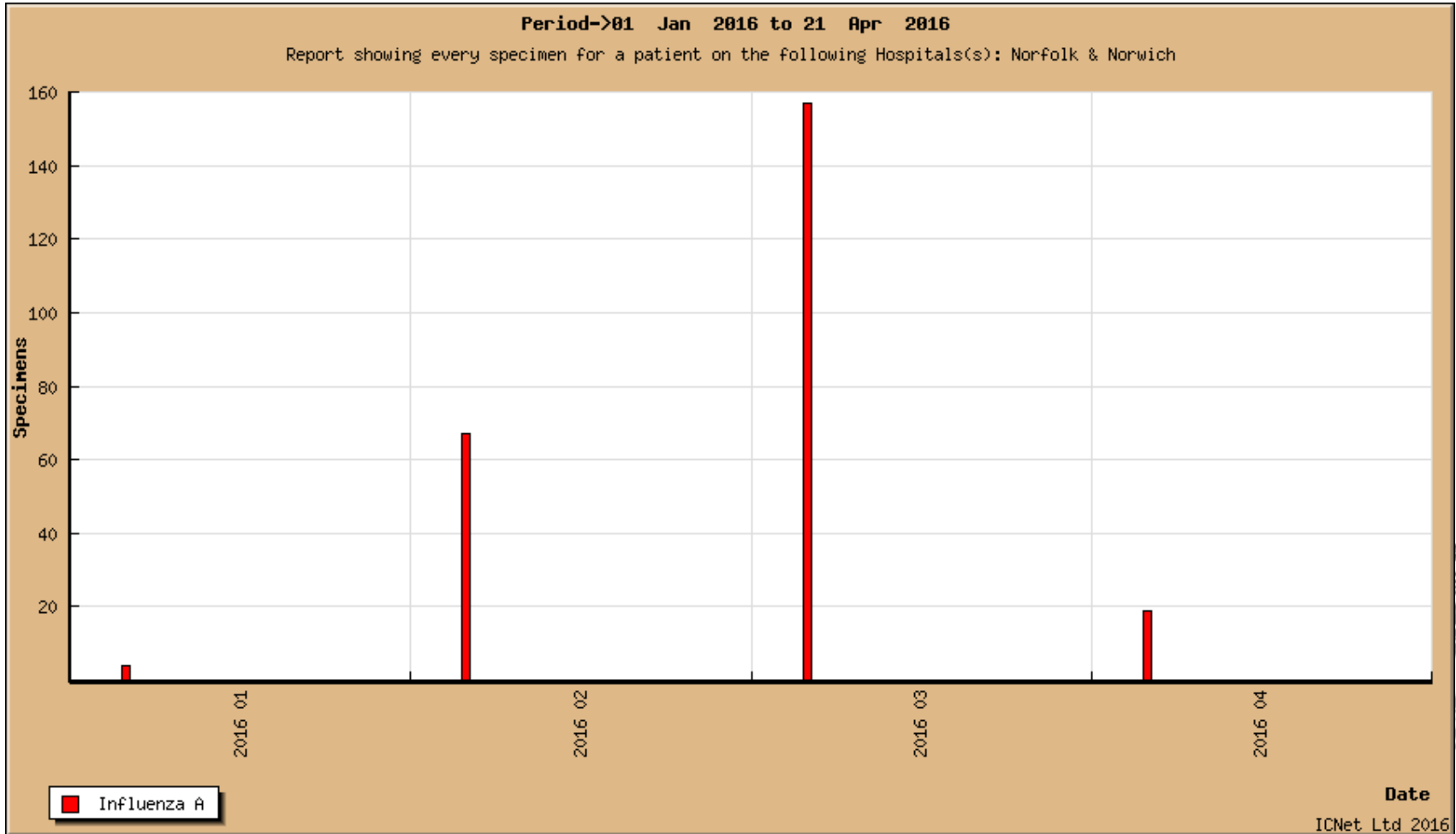


Flu

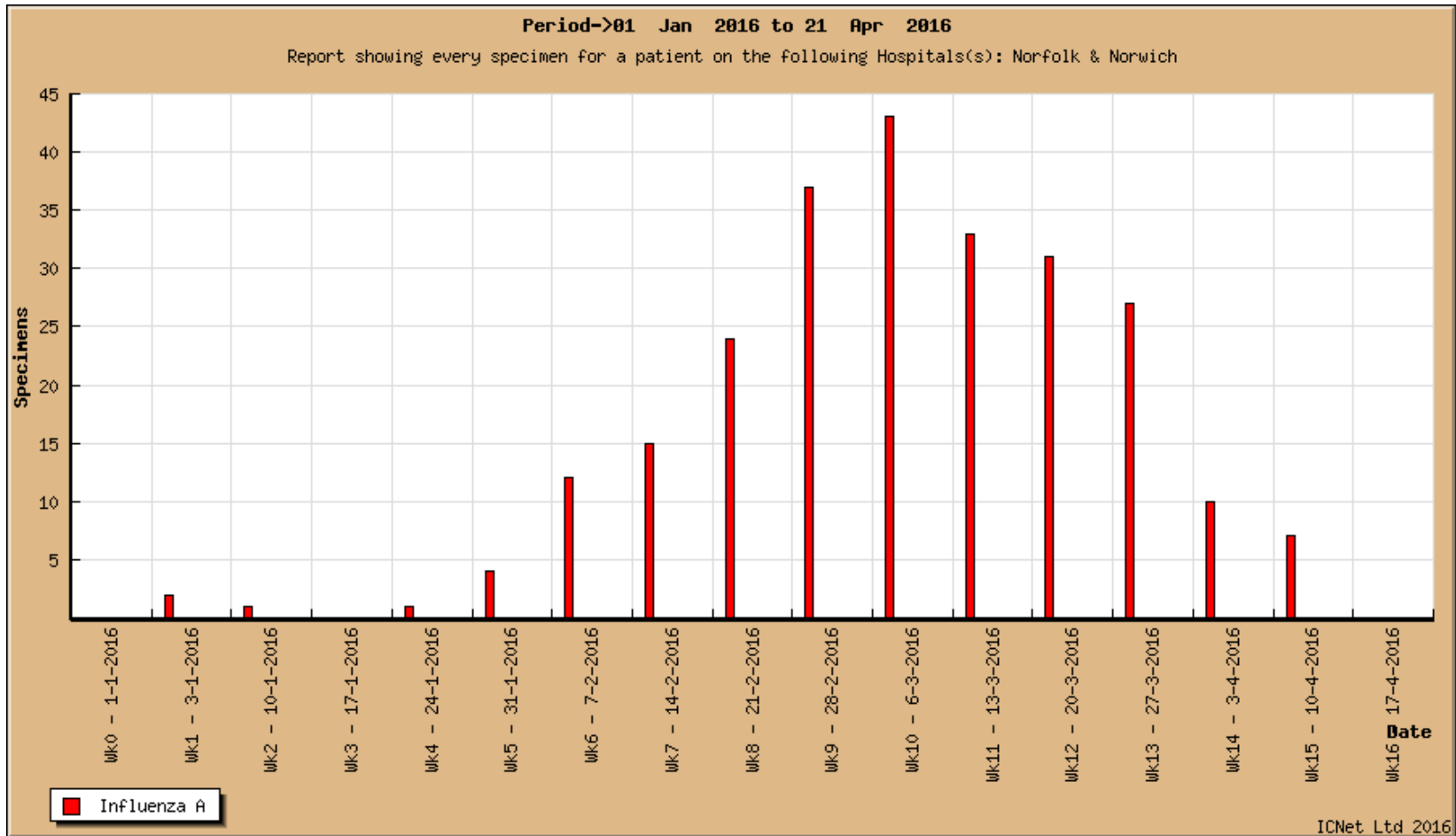
British researchers who tested people for influenza antibodies before and after each flu season for 5 years found that an average of 18% of them appeared to have contracted a flu infection each season, but only 23% of that group got sick, according to a report in *The Lancet Respiratory Medicine*.



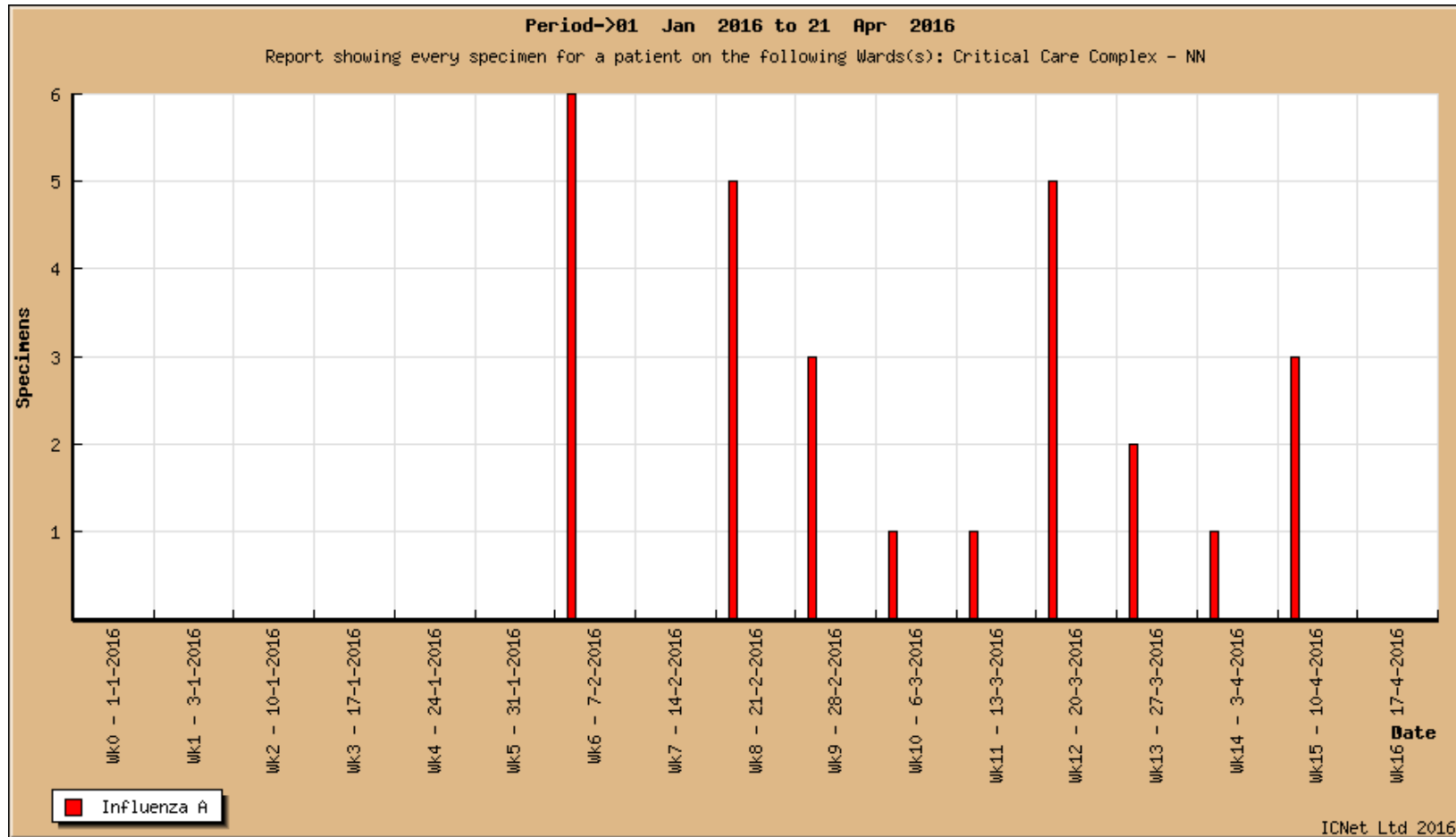
Flu – NNUH Influenza A admissions



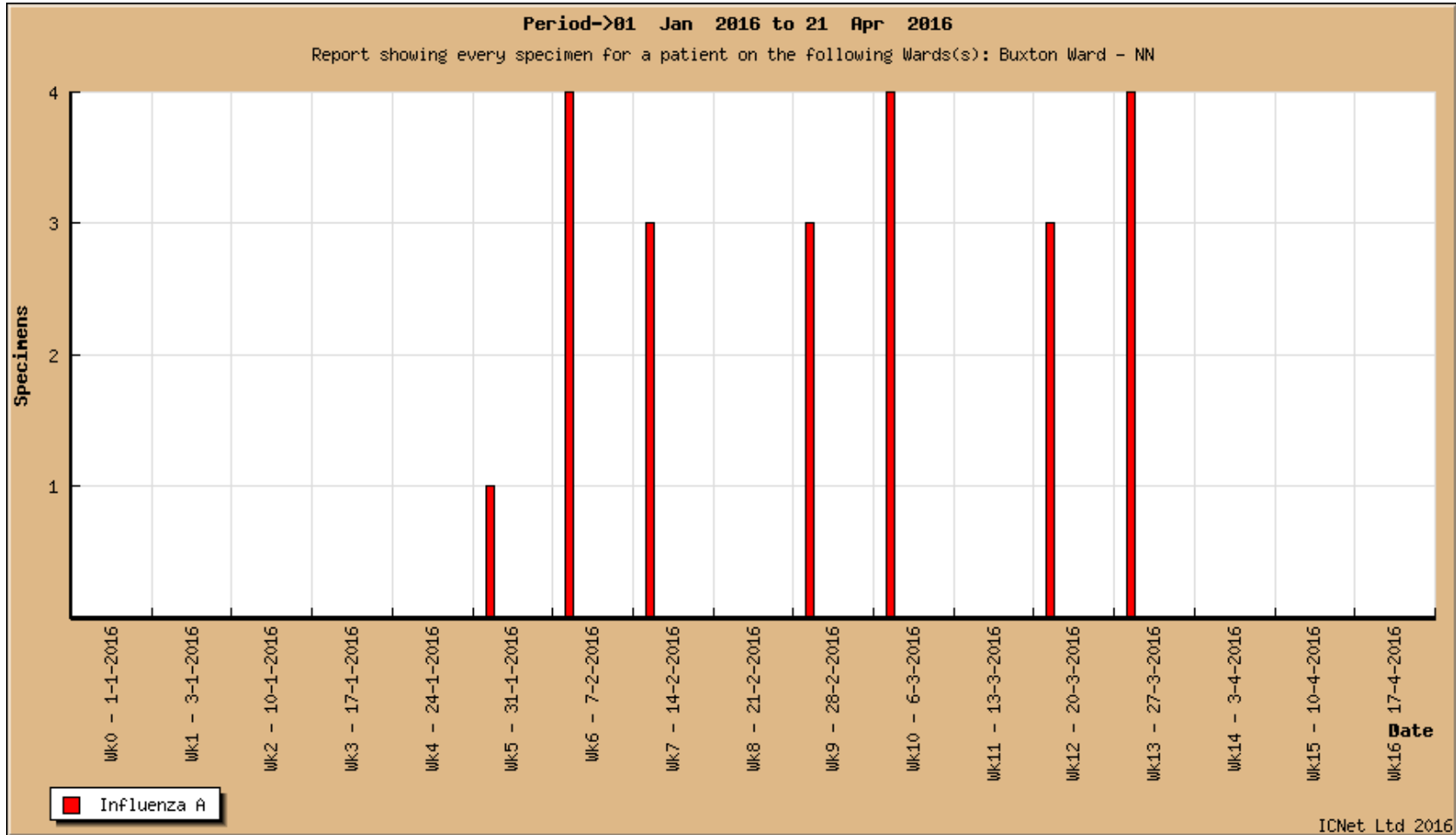
Flu – NNUH Influenza weekly admissions



Flu – NNUH Critical Care admissions



Flu – NNUH Children’s admissions



Flu – NCHC Staff Uptake

December	Healthcare Workers with Direct Patient Contact	Number Vaccinated	Percentage
Doctors	26	12	46.2%
Nurses	1158	277	23.9%
Other Qualified Staff	568	268	47.2%
Support to Clinical Staff	1395	450	32.3%
Totals	3147	1007	32.0%





Looking after you locally

Title

Slide suitable for single large quote