

# What's on in the Summer Holidays 2018

Summer programme starts on July 25th and runs until September 7th  
All sessions in Sure Start Children's Centres unless specified.

## Regular Groups

### Self-Weigh

Fridays at Mundesley, 10.00am-11.00am  
Weekly

You are welcome to ask staff to use scales at our other activities throughout the summer providing there is space to do so safely.

### Baby Group

Wednesdays at North Walsham, 1.30pm – 2.30pm  
July 25<sup>th</sup>, August 1<sup>st</sup> & August 8<sup>th</sup>

## Child Health Clinic

### Mundesley

Wednesday, August 1<sup>st</sup>, 1.30pm – 2.45pm

### Cromer (Benjamin Court)

Tuesday, August 21<sup>st</sup>, 1.30pm – 2.45pm

### North Walsham

Thursday, August 16<sup>th</sup>, 10.00am – 11.45am

Health Visitor sessions for pre-school child health and development advice.



## Swap Shop

Friday, August 3<sup>rd</sup>, 1.30pm-2.30pm  
at North Walsham

Self-Weigh will also be available during this time.



## Messy Play

at

## North Walsham

Thursday, August 2<sup>nd</sup>, 11.00am – 12.30pm

Wednesday, August 22<sup>nd</sup>, 1pm-2.30pm

Due to room availability, both our Messy Play sessions this year will be held at North Walsham. We are sorry for any inconvenience caused.

## Books & Bounce

Friday, August 24<sup>th</sup>,  
10.30am – 11.00am  
at Mundesley

Join us for some favourite children's stories and nursery rhymes



We recognise that it is often difficult to get child care during the summer holidays and therefore although our activities are aimed at children aged 0-5 years, children of all ages are welcome to our holiday activities with the exception of Baby Group.



## Teddy Bears Picnic

Thursday, August 9<sup>th</sup>, 12.30pm-1.30pm  
at Mundesley.

Please bring your lunch and a teddy bear.



## What is a Sure Start Children's Centre?

Sure Start Children's Centres support children and babies of all abilities, their parents / families, and parents-to-be.

Our aim is to help babies and young children to develop in the best way they can - physically, socially and in their early learning too - so that they can flourish at home, and when they go to school.

We do this by bringing together health and family support services, childcare and early education, to work with and for families with children under 8 years-old.

Sure Start services include:

1. Child and family health services – including health visiting and midwifery
2. Support for parents – including advice on parenting, local childcare options and access to specialist services for families
3. Integrated early education and childcare
4. Helping parents into work – with links to the local Jobcentre Plus and training

## Are you registered with Sure Start?

We'd like to keep you informed of our activities and the services we can offer you. We also appreciate having some information about the families who use our services to ensure that we are meeting your needs.

You can register with our local Sure Start Children's Centres by calling the centre nearest to you and requesting a registration form.

## Tell us what you think

If you would like to be involved in helping us to develop our children's centres and their services, or in telling us what you think about our services now, please contact the centre you attend and they will be happy to hear from you.

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 **Norfolk** County Council

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Norfolk Community Health and Care   
NHS Trust



# What's on at...

## Cromer, Mundesley and North Walsham Sure Start Children's Centres

### Free activities in Summer Holidays 2018

*We aim to make our activities inclusive for all children regardless of ability. If you or your child has any specific needs or require additional support to access our services, please do not hesitate to contact us to discuss this.*

We offer a wide range of activities to benefit children aged 0-5 years.

Mums, dads, carers, childminders, grandparents and, of course, little ones are all welcome!

Find us on Facebook



Cromer Sure Start  
Children's Centre,  
Mill Road,  
Cromer, NR27 0AD

Mundesley Sure Start  
Children's Centre,  
Trunch Road,  
Mundesley, NR11 8LE

North Walsham Sure Start  
Children's Centre,  
Manor Road,  
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