# What's on in the Summer Holidays 2018 Summer programme starts on July 25th and runs until September 7th All sessions in Sure Start Children's Centres unless specified.

## **Regular Groups**

### Self-Weigh

Tuesdays at The Children's Centre, 9.30am-10.30am. Weekly

## **Baby Group**

Wednesdays at The Children's Centre, 11.00am-12.00pm. August 1<sup>st</sup>, 8<sup>th</sup> & 15th

Story & Rhyme

Thursday 9<sup>th</sup> August, 1.00pm-1.45pm

at The Children's Centre

**Mobile Library** Thursday 9<sup>th</sup> August, 1.45pm-2.14pm

St Edmundsbury Road

## Child Health Clinic Friday, 3<sup>rd</sup> August, 9.30am-10.30am at The

Children's Centre Monday, 20<sup>th</sup> August 11.30-12.45pm at Reffley Community Centre

## **Teddy Bears Picnic**

Monday 13th August, 12.00pm-1.30pm Reffley Academy School Please bring your lunch and a teddy bear. Weather permitting; check our Facebook on the day. Parking available in the school car park, the main gate will be open.

## **Messy Play**

Thursday, August 23<sup>rd</sup>, 1.00pm-2.30pm at The Children's Centre Thursday, August 30<sup>th</sup>, 11.00am – 12.30pm at The Children's Centre

#### What is a Sure Start Children's Centre?

Sure Start Children's Centres support children and babies of all abilities, their parents / families, and parents-to-be.

Our aim is to help babies and young children to develop in the best way they can - physically, socially and in their early learning too - so that they can flourish at home, and when they go to school.

We do this by bringing together health and family support services, childcare and early education, to work with and for families with children under 5 years-old.

#### Sure Start services include:

- 1. Child and family health services including health visiting and midwifery
- 2. Support for parents including advice on parenting, local childcare options and access to specialist services for families
- 3. Integrated early education and childcare
- 4. Helping parents into work with links to the local Jobcentre Plus and training

#### Are you registered with Sure Start?

We'd like to keep you informed of our activities and the services we can offer you. We also appreciate having some information about the families who use our services to ensure that we are meeting your needs.

You can register with our local Sure Start Children's Centres by calling the centre nearest to you and requesting a registration form.

#### Tell us what you think

If you would like to be involved in helping us to develop our children's centres and their services, or in telling us what you think about our services now, please contact the centre you attend and they will be happy to hear from you.



Norfolk Community
Health and Care

NHS Trust



# What's on at...

North Lynn, Gaywood North Bank and the Woottons (Signpost)

## **Sure Start Children's Centres**

## Free activities in Summer Holidays 2018

We aim to make our activities inclusive for all children regardless of ability. If you or your child has any specific needs or require additional support to access our services, please do not hesitate to contact us to discuss this.

We offer a wide range of activities to benefit children aged 0-5 years.

Mums, dads, carers, childminders, grandparents and, of course, little ones are all welcome!

Find us on Facebook



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For lots more information log onto our website at www.surestartnorfolk.co.uk