

What's on... in Summer 2017

Summer programme starts on 24 April 2017 and runs until 24 Jul 2017.
All sessions in Sure Start Children's Centres unless specified.

Day	Activity	Details	Time	Where
Monday	Baby Massage	For new babies and their parents. Invitation only. Referral from Sure Start team.	10.30am – 11.30am	Canterbury
	Housing Support Apr 24, May 15, Jun 19 & Jul 17 (please call to confirm dates)	Housing advice for expectant families and parents with preschool children.	10.30am – 11.30am	Kingsway
Tuesday	Child Health Clinic – Weekly	Health visitor sessions, for health and development advice on your preschool children	9.30am – 11.30am	Canterbury
	Baby Group TT	Non mobile babies	10.00am – 11.00am	Canterbury
	Freedom Programme Commencing May 09	Invitation only. Referral from Sure Start team. 10 week course.	10.45am – 12.45pm	Kingsway
	New Born Group	Come spend time with your new born baby in a relaxed environment.	1.30pm – 2.30pm	Kingsway
Wednesday	Story Time TT	Parents and preschool children	10.00am – 10.45am	Thetford Library
	Teen Parent Antenatal Clinic - Birth & Beyond	Pregnant teens and partners up to 21yrs. Invitation only book with midwives.	10.00am - 11.30am	Canterbury
	Early Bird	For families with children with ASD diagnosis, self-referral. Twelve week course.	1.00pm – 3.00pm	Canterbury
	Baby Explorers TT	For babies starting to move and explore	1.00pm – 2.00pm	Kingsway
Thursday	Stay and Play TT Apr 27, May 11, 25, Jun 15, 29 & July 13	Confident explorers up to school age	9.30am - 10.30am	Canterbury
	Messy Play TT May 4, 18, Jun 8, 22, July 6 & 20	Confident explorers up to school age	9.30am – 10.15am	Canterbury
	Solihull Parenting Group Commencing May 04	Invitation only. Referral from Sure Start team. 10 week course.	9.30am – 11.30am	Kingsway
	Birth and Beyond	Expectant mothers and their partners. Invite only call for details	4.00pm - 6.00pm	Kingsway
Friday	Breastfeeding Workshop May 05, Jun 02 & Jul 07	Expectant parents and parents with babies. Book with midwives	9.30am - 11.00am	Kingsway

Citizens Advice Bureau appointments available on Mondays and Wednesdays, and drop in sessions on Tuesdays, Thursdays and Fridays, all between 10.00am-3.00pm, and held at:
Breckland House, St Nicholas Street, Thetford.
Call 08444 111 444 for details.

All sessions held weekly unless dates listed. Open access unless booking or invitation specified.

TT – Term Time Only Thetford Healthy Living Centre, Croxton Road, Thetford, IP24 1JD 01842 767600

Addresses for our Sure Start Children's Centres overleaf.



What is a Sure Start Children's Centre?

We aim to make our activities inclusive for all children regardless of ability. If you or your child have any specific needs or require additional support to access our services, please do not hesitate to contact us to discuss.

Sure Start Children's Centres support children and babies of all abilities, their parents / families, and parents-to-be.

Our aim is to help babies and young children to develop in the best way they can - physically, socially and in their early learning too - so that they can flourish at home, and when they go to school.

We do this by bringing together health and family support services, childcare and early education, to work with and for families with children under 5 years-old.

Sure Start services include:

1. Child and family health services – including health visiting and midwifery
2. Support for parents – including advice on parenting, local childcare options and access to specialist services for families
3. Integrated early education and childcare
4. Helping parents into work – with links to the local Jobcentre Plus and training

Are you registered with Sure Start?

We'd like to keep you informed of our activities and the services we can offer you. We also appreciate having some information about the families who use our services to ensure that we are meeting your needs.

You can register with our local Sure Start Children's Centres by calling the centre nearest to you and requesting a registration form.

Tell us what you think

If you would like to be involved in helping us to develop our children's centres and their services, or in telling us what you think about our services now, please contact the centre you attend and they will be happy to hear from you.

Kingsway Sure Start
Children's Centre,
Kingsway,
Thetford, IP24 3DY

01842 766438

surestart.thetford@nchc.nhs.uk
www.surestartnorfolk.co.uk

Canterbury Sure Start
Children's Centre,
Canterbury Way,
Thetford, IP24 1EB

01842 754390

Drake Sure Start Children's Centre,
Drake Infant and Nursery School,
Fairfields,
Thetford, IP24 1JW

01842 762055

Funded by



Norfolk County Council

Managed by

Norfolk Community
Health and Care

NHS Trust



What's on at...

Thetford

Sure Start Children's Centres

Free activities in Summer 2017

We offer a wide range of activities to benefit children aged 0-5 years.

Mums, dads, carers, childminders, grandparents and, of course, little ones are all welcome!



For lots more information
log onto our website at

www.surestartnorfolk.co.uk